



**laser
hair
removal**

LASERINFO

Real Laser Treatment • Undeniable Results

MèCHE Salon & Spa • 7 Joll Road • Havelock North • 877 3118

www.mechesalonspa.nz

Everything you need to know about
Laser Hair Removal at MèCHE Salon & Spa

**Don't be fooled by mis-marketing,
IPL is not the same as Laser Hair Removal.**

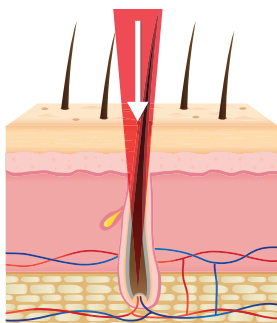
MèCHE is HAWKE'S BAY'S ONLY LASER HAIR REMOVAL clinic. That's right, real **LASER**, not IPL/VPL.

At **MèCHE** we use a top of the line, medical grade laser, which contains two laser systems so we can treat every skin colour.

We can also treat all skin types, and our machine is much faster, less painful, and more effective than IPL/VPL devices.

We also use a zimmer cooling system to ensure your treatment is as comfortable as possible.

LASER



Is an actual
medical grade LASER

Generates a single
wavelength of light, an
extremely concentrated
beam with a specific target:
the pigment in the follicle

Suitable for all skin tones

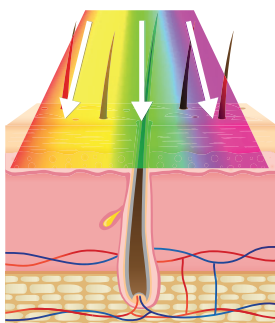
Only 6-8 sessions

Superior results

Much faster treatment time

More comfortable with
Zimmer Cooling System

IPL



Uses a Xenon flash bulb to
create pulsed light

Generates a wide spectrum
of light wavelengths that
cannot be focused into a
concentrated beam. Only
some of the wavelengths
will effectively remove hair

Suitable for lighter
skin tones only

10-14 sessions needed

Less effective

Slow treatment time

Can be painful

Everything you need to know about Laser Hair Removal at MèCHE Salon & Spa

Laser Hair Removal Benefits

- + Silky smooth skin
- + No more shaving, waxing, IPL or VPL
- + Reduce ingrown hairs
- + No more shaving rash
- + Fast results
- + Affordable
- + Fast treatment time

CYNOSURE
Elite⁺



How many treatments will I need?

Usually a course of 6 treatments at 4-6 weekly intervals will remove unwanted hair. Some people need less treatments and others need more. Results vary depending on the individual, medical background, areas being treated and can be influenced by hormones, age and gender.

Is your laser treatment safe?

Yes laser has been used for many years for medical and cosmetic treatments and has undergone extensive testing with no reported long term side effects. Our medical grade laser is FDA approved.

Do I have to grow my hair?

You should have short visible hair when you come for your consultation so you can be advised on your treatment length. You will not need to grow your hair out for regular treatments. You can shave as many times as you wish, this won't affect the results.

How long will my treatments take?

This depends on the surface area but here are some estimates:
Under-arm: **15 min** / Full Leg: **45-60 min** / Full Face: **30-45 min**

MèCHE Laser Hair Removal LASERINFO

Book now for your **FREE** no-obligation laser hair removal consultation at **MèCHE Salon & Spa!**

Before your first treatment it's mandatory to have a free 30 minute consultation, even if you've had Laser, IPL or VPL before. You'll need visible hair when you come in for your consultation so we can properly advise you on your treatment options.

We'll discuss the areas you're wanting treated, look at your medical history, skin type and hair colour, in order to assess your suitability for laser hair removal treatment.

A patch test is done on the area you want treated to check for any adverse reactions and your skin's sensitivity to the laser.

We will advise you on how to prepare for your first treatment and answer any questions you may have.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



**laser
hair
removal**



**laser
hair
removal**

PRICELIST

Real Laser Treatment • Undeniable Results

MèCHE Salon & Spa • 7 Joll Road • Havelock North • 877 3118

www.mechesalonspa.nz

MèCHE Laser Hair Removal PRICELIST

Your MèCHE Laser Hair Removal Prices & Packages

Consultation		Free
Face (Women)		
	Individual Price \$	6 Pack \$ (price per treatment)
Lip	45.00	35.00
Chin	45.00	35.00
Lip & Chin	80.00	60.00
Sides of Face	65.00	55.00
Lower Face	115.00	85.00
Full Face	135.00	115.00
Neck (front or back)	80.00	65.00
Upper Body (Women)		
	Individual Price \$	6 Pack \$ (price per treatment)
Underarms	85.00	65.00
1/2 Arm	160.00	135.00
Full Arm	235.00	185.00
Hands & Fingers	55.00	45.00
Areola	60.00	45.00
Lower Body (Women)		
	Individual Price \$	6 Pack \$ (price per treatment)
Bikini	85.00	65.00
Extended Bikini	105.00	85.00
Brazilian	130.00	105.00
Buttocks	145.00	115.00
Snail Trail	55.00	45.00
1/2 Leg	235.00	195.00
Upper Leg	290.00	255.00
Full Leg	450.00	360.00
Feet & Toes	55.00	45.00
Men		
	Individual Price \$	6 Pack \$ (price per treatment)
Full Back	280.00	230.00
Chest & Abdomen	240.00	190.00
Back & Shoulders	320.00	280.00
Shoulders only	120.00	85.00
Chest only	145.00	115.00
Abdomen only	130.00	100.00
Half Back	180.00	150.00
Monobrow	30.00	25.00

These prices are a guide, prices are subject to confirmation at your consultation.



**laser
hair
removal**



**laser
hair
removal**

PREPARATION

Real Laser Treatment • Undeniable Results

MèCHE Salon & Spa • 7 Joll Road • Havelock North • 877 3118

www.mechesalonspa.nz

MèCHE Laser Hair Removal PREPARATION

How do you prepare for your MèCHE Laser Hair Removal treatment?

Day of treatment:

- Area to be treated to be clean and free from any skin/cosmetic products.
- Do not use any face or body products containing glitter or shimmer.
- Avoid deodorant on morning of treatment if getting underarms treated.

Day before treatment:

- Shave the area to be treated thoroughly 12-24 hours prior to treatment. Unshaven clients will need to be rescheduled.

One week before treatment:

- Avoid using active skincare products (AHAS/BHAS, Retin A etc) on the area one week prior to treatment.
- Avoid face or body scrubs one week prior to treatment.
- Any antibiotics must be finished one week prior to treatment.

Two weeks before treatment:

- Avoid skin chemical peels on the area to be treated.
- No self tanning or spray tanning within two weeks of treatment. Tanned skin may absorb some of the laser energy which could affect your hair removal results and damage the skin.
- Avoid botox or skin fillers within two weeks of treatment.

Four weeks before treatment:

- No waxing, tweezing, threading, epilating or depilatory creams for four weeks prior to treatment and throughout the course of your treatments.
- No bleaching your hair on the treatment area for four weeks prior, you will need to allow the normal colour to regrow before treatment.
- No sun exposure or tanning for four weeks before treatment and throughout your course.
- You must be always using a sunscreen with a minimum of SPF 30 at all times on the treatment area.

Keep us updated:

- We rely on you to inform us if your health changes or you start any new medications before or in between treatments. This is extremely important.





**laser
hair
removal**

YOURCOURSE

Real Laser Treatment • Undeniable Results

MèCHE Salon & Spa • 7 Joll Road • Havelock North • 877 3118

www.mechesalonspa.nz

MèCHE Laser Hair Removal

YOURCOURSE

A series of horizontal dotted lines for writing notes.





**laser
hair
removal**

AFTERCARE

Real Laser Treatment • Undeniable Results

MèCHE Salon & Spa • 7 Joll Road • Havelock North • 877 3118

www.mechesalonspa.nz

MèCHE Laser Hair Removal

AFTERCARE

What to do I do after my MèCHE Laser Hair Removal treatment?

What to expect:

- Immediately after treatment the area may be pink, warm or have mild swelling for 24 hours. People with more sensitive skin this may last a few days. This is temporary, most people return to work or normal activities immediately after treatment.
- If the area is uncomfortable, aloe vera will help and cold compression will ease this.
- In the following 2-4 weeks, the treated hair will fall out gradually. This may appear as new growth, but it is not new hair growth. The timing of your treatments dramatically influences the outcome due to hair growth patterns. It is important to book a course of laser hair removal treatments, rather than sporadic appointments.

For the next 24-48 hours:

- Treat the area gently and keep the area clean and dry.
- **NO excess heat** – spas, saunas, exercise, hot showers, hair dryers, electric blankets etc.
- **NO sun exposure** and wear a minimum of SPF30 at all times.
- **NO waxing, tweezing, threading, epilating, depilatory creams, shaving.**
- **Avoid applying makeup** to the area for 12 hours post treatment.
- **Avoid retin A & AHA products** over the treated area.
- **Avoid wearing tight fitting clothing.**
- **Avoid deodorant** if underarms were treated.
- **No self tanning products.**

In between treatments:

- **Shaving Only.** No waxing, tweezing, threading, epilating, depilatory creams or bleaching for the duration of your laser course.
- **No Sun.** Avoid sun/UV exposure completely for the duration of course.
- **Sunscreen.** You MUST wear at least SPF30 for the duration of your course.
- **Keep us updated.** We rely on you to inform us if your health changes or you start any new medications before, or in between your treatments. This is extremely important.
- **No self tanning or spray tanning** for at least three days post treatment and within two weeks of your next treatment.
- **Refer to the treatment preparation card** to prep for your next treatment.



laser
hair
removal